

PE and Games Long Term Overview 2023 - 24



Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Fundamentals	Gymnastics	Games	Ball Skills (Focus on Tennis/Hand-eye coordination)	Athletics (with Sports day emphasis)	Ball Skills (Dodgeball emphasis)
Year 1	PE: Gymnastics GAMES: Fundamentals	Gymnastics Ball Skills	Yoga Invasion Games	Dodgeball (Sending & Receiving) Fundamentals	Tennis (Net & Wall) Athletics (with Sports day emphasis)	Tennis (Net & Wall) Athletics
Year 2	Gymnastics Fundamentals	Gymnastics Ball Skills	Yoga Invasion Games	Dodgeball (Sending & Receiving) Fundamentals	Tennis (Net & Wall) Athletics (with Sports day emphasis)	Tennis (Net & Wall) Athletics
Year 3	PE:Gymnastics GAMES: Tag Rugby / Football	Indoor Athletics Ball Skills / Handball	Fitness & Health Netball / Dodgeball	Yoga OAA / Athletics	Tennis Basketball / Hockey	Dance Rounders / Cricket
Year 4	PE:Gymnastics GAMES: Tag Rugby / Football	Indoor Athletics Ball Skills / Handball	Fitness & Health Netball / Dodgeball	Yoga OAA / Athletics	Tennis Basketball / Hockey / Swimming	Dance Rounders / Cricket / Swimming
Year 5	PE:Gymnastics GAMES: Tag Rugby / Football	Indoor Athletics Dodgeball / Handball	Fitness & Health Netball / Swimming	Yoga OAA / Athletics /Swimming	Tennis Basketball / Hockey	Dance Rounders / Cricket
Year 6	PE:Gymnastics GAMES: Tag Rugby / Football / Swimming	Indoor Athletics Swimming / Handball	Fitness & Health Netball / Dodgeball	Yoga OAA / Athletics	Tennis Basketball / Hockey	Dance Rounders / Cricket