

Fresh fruit pot

WEEK 1 MENU

WEEKS: 02/09, 23/09, 14/10, 11/11, 02/12, 06/01, 27/01, 24/02, 17/03



Fresh Fruit Pot

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Macaroni Cheese Served with Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Jerk Pulled Chicken Wraps served Golden Wholemeal Rice & Mixed Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Homemade Beef Lasagne served with Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans
MEAT FREE	BBQ Quorn Sausage Wraps served Baked Wedges & Mixed Vegetables	BBQ Lentil, Bean & Vegetable Wraps served Golden Wholemeal Rice & Mixed Vegetables	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Homemade Vegetarian Lasagne Served with Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Margarita Pizza served with Chips, Garden Peas or Baked Beans
PASTA 8 JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Natural yogurt with heathy toppings Fruit jelly Or	Natural yogurt with heathy toppings Fruit jelly Or	Choose One of Our Fabulous Desserts Victoria Sponge Fruity Jelly	Natural yogurt with heathy toppings Fruit jelly Or	Choose One of Our Fabulous Desserts Jam Tart Fruity Jelly

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WEEK 2 MENU

WEEKS: 09/09, 30/09. 21/10, 18/11, 09/12, 13/01, 03/02, 03/03, 24/03



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & Tomato Pinwheel served with Wholemeal Vegetable Rice & Mixed Salad	Sweet and Sour Turkey served with Noodles and stir Fried Vegetables	Chicken Sausage served with Potatoes, Yorkshire Pudding, Carrots, Broccoli & Gravy	Beef Bolognaise served with Penne Pasta, Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans
MEAT FREE	Butternut Squash & Chickpea Korma Served with Wholemeal Rice, Naan Bread Finger & Mixed Vegetables	Loaded Half potato skin filled with Cheese & Onions served with Baked Beans & Salad	Quorn Sausage served with Potatoes, Yorkshire Pudding, Carrots & Broccoli	Vegetable Bolognaise served with Penne Pasta, Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Margarita Pizza served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Natural yogurt with heathy toppings Fruit jelly Or	Natural yogurt with heathy toppings Fruit jelly Or	Choose One of Our Fabulous Desserts Sticky Toffee Apple Cake Fruity Jelly	Natural yogurt with heathy toppings Fruit jelly Or	Choose One of Our Fabulous Desserts Iced School Cake Fruity Jelly

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WEEK 3 MENU

WEEKS: 16/09, 07/10, 04/11, 25/11, 16/12, 20/01, 10/02, 10/03, 31/03



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margarita Wholemeal Pizza Served with Baked Potato Wedges, Peas & Sweetcorn	Beef Chilli Con Carne served with Wholemeal Rice & Seasonal Vegetable	Roast Turkey served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy	Homemade Chicken Pie Served with Mashed Potato, Mixed Vegetables & Gravy	Fish Fingers served with Chips, Garden Peas or Baked Beans
MEAT FREE	Roasted Vegetable & Bean Pasta Bakes Served with Garlic & Herb Bread, Mixed Salad	Quorn Mince Chilli Con Carne served with Wholemeal Rice & Seasonal Vegetable	Baked Lentil Roast served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy	Homemade Roasted vegetable Pie Served with Mashed Potato, Mixed Vegetables & Gravy	Margarita Pizza served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad	Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread	Jacket Potato with Choice of Toppings served with Fresh Salad
DESSERTS	Natural yogurt with heathy toppings Fruit jelly Or	Natural yogurt with heathy toppings Fruit jelly Or	Choose One of Our Fabulous Desserts Peach Sponge Fruity Jelly	Natural yogurt with heathy toppings Fruit jelly Or	Choose One of Our Fabulous Desserts Jaffa Sponge Fruity Jelly

Making lunchtime the highlight of your day

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